

**38th Mount Shasta 4th of July Race
July 4, 2017**

**5-Mile Race
Age Group Results**

Male 12 and under

Place	Overall	Name	Age	City	State	Time	Pace
1	55	Van Warren	12	Redding	CA	37:04	7:25
2	59	Carsen Gray	12	Colfax	WA	37:24	7:29
3	283	Christopher Schrievers	10	Dunsmuir	CA	49:59	10:00
4	352	Michael Kellar	10	Weed	CA	53:08	10:38
5	378	Vicente Carrasco	8	Mount Shasta	CA	55:06	11:02
6	470	Hudson Silva	11	Mount Shasta	CA	1:06:58	13:24
7	492	Trace Carroll	11	Hoschton	GA	1:11:12	14:15

Male 13-15

Place	Overall	Name	Age	City	State	Time	Pace
1	17	Luke Bland	15	Redding	CA	32:21	6:29
2	19	Jade Wilder	15	Yreka	CA	32:35	6:31
3	27	Mawlin Summers	15	Mount Shasta	CA	34:09	6:50
4	28	Drew Hering	13	Mount Shasta	CA	34:15	6:51
5	47	Evan Smith	15	Redding	CA	36:20	7:16
6	72	Miles Colescott	14	Missoula	MT	38:11	7:39
7	83	Noah Lacey	13	Sparks	NV	38:59	7:48
8	102	Zachary Roberts	13	Chesterton	IN	40:12	8:03
9	171	Tyler Duchynski	15	Santa Rosa	CA	43:36	8:44
10	191	Joel Smith	14	Redding	CA	44:48	8:58
11	233	Trent Moyer	13	El Dorado Hills	CA	46:54	9:23
12	333	AJ Blomquist	13	Fair Oaks	CA	52:20	10:28

Male 16-19

Place	Overall	Name	Age	City	State	Time	Pace
1	1	Chris Morzenti	18	Dunsmuir	CA	26:29	5:18
2	6	Isaac Fernandez	17	Yreka	CA	29:07	5:50
3	9	Mike Dobkowsky	18	Merrick	NY	30:46	6:10
4	10	Thurman Knowles	17	Palo Cedro	CA	31:25	6:17
5	11	Ryan Hering	17	Mount Shasta	CA	31:34	6:19
6	13	Noah Bland	18	Redding	CA	31:57	6:24
7	14	Blake Chitwood	17	Yreka	CA	32:04	6:25
8	24	Abraham Barr	16	Mount Shasta	CA	33:48	6:46
9	26	Hayden Lolo	16	Fair Oaks	CA	34:01	6:49
10	36	Griffin Hamann	16	Mount Shasta	CA	34:59	7:00
11	50	Chris Chevly	18	Mount Shasta	CA	36:39	7:20
12	52	Tyler Santi	18	Mount Shasta	CA	36:49	7:22
13	104	Joshua Moore	18	Mount Shasta	CA	40:25	8:05

14	126	Joseph Bremer	16	Castro Valley	CA	41:30	8:18
15	170	Jake Driscoll	19	Shasta Lake	CA	43:31	8:43
16	227	Jackson Miller	16	Seattle	WA	46:15	9:15
17	265	Kellan Soriano	16	Albany	OR	48:41	9:45
18	309	Jarrold Althaus-Cressman	18	Mount Shasta	CA	51:32	10:19
19	345	Caleb Cooley	16	Chico	CA	52:51	10:34
20	385	Emmett Gwin	18	Elk Creek	CA	55:29	11:06
21	451	Sebastian Sheldon	18	Redding	CA	1:02:26	12:30
22	497	Drew Miller	18	Mount Shasta	CA	1:12:33	14:31

Male 20-24

Place	Overall	Name	Age	City	State	Time	Pace
1	3	Eric Ghelfi	24	Redding	CA	27:06	5:26
2	4	Brent Hunter	20	Redding	CA	27:39	5:32
3	7	Austin Murch	22	Shasta Lake	CA	29:09	5:50
4	16	Rico James	21	Redding	CA	32:21	6:29
5	21	Dave Cazneaux	22	Mount Shasta	CA	33:24	6:41
6	84	Bryce Sampson	20	Mount Shasta	CA	39:05	7:49
7	86	Blake Zufall	22	Redding	CA	39:08	7:50
8	110	David Carter	23	Mount Shasta	CA	40:45	8:09
9	112	Maxwell Michelin	20	Weed	CA	40:48	8:10
10	121	Wesley Navarre	21	Mount Shasta	CA	41:13	8:15
11	139	Christopher Robinson	20	Mount Shasta	CA	41:54	8:23
12	162	Esteban Valencia	23	San Jose	CA	43:01	8:37
13	222	Michael Jones	22	Redding	CA	46:02	9:13
14	232	Spencer Carroll	21	Mount Shasta	CA	46:54	9:23
15	245	Alastair Curley	24	Mount Shasta	CA	47:21	9:29
16	386	Marcus Gwin	22	Elk Creek	CA	55:30	11:06
17	435	Travis Young	22	Dallas	OR	1:00:33	12:07

Male 25-29

Place	Overall	Name	Age	City	State	Time	Pace
2	8	Kale Coppin	28	Citrus Heights	CA	29:27	5:54
3	12	Cory Coppin	28	Citrus Heights	CA	31:45	6:21
4	41	Travis Buick	26	Redding	CA	35:28	7:06
5	54	Awni Hannun	29	Palo Alto	CA	36:55	7:23
6	68	Sean Johnston	26	Mount Shasta	CA	38:01	7:37
7	80	Gavin Broussard	25	Citrus Heights	CA	38:45	7:45
8	87	Andrew Zufall	25	Redding	CA	39:09	7:50
9	100	Christian Jordan	25	Mill Valley	CA	40:08	8:02
10	119	Kyle Johnston	27	Redding	CA	41:05	8:13
11	128	Sam Cooper	25	La Canada	CA	41:39	8:20
12	161	Leonardo Lizarraga	28	Hesperia	CA	42:54	8:35
13	196	Josh McNulty	28	Mount Shasta	CA	45:01	9:01
14	240	Logan McKern	27	Vacaville	CA	47:10	9:26
15	272	Joey Fontana	27	Chico	CA	49:09	9:50
16	425	Nick Gaustad	25	San Leandro	CA	59:54	11:59

Male 30-34

Place	Overall	Name	Age	City	State	Time	Pace
1	2	Ben Keck	33	Redding	CA	26:43	5:21
2	20	Brian Randall	30	Santa Cruz	CA	33:16	6:40
3	35	Tito Castro	34	Mount Shasta	CA	34:51	6:58
4	38	Mike Sears	34	Redding	CA	35:10	7:02
5	40	Jacob Zukerman	32	San Francisco	CA	35:26	7:6
6	81	Cody Buick	30	Redding	CA	38:46	7:46
7	88	Ramon Mota	33	Weed	CA	39:12	7:51
8	89	Tyler Tatom	30	Andeson	CA	39:13	7:51
9	111	Oudone Ngouyaphanh	32	Weed	CA	40:47	8:10
10	115	Steel Sims	32	Yreka	CA	40:59	8:12
11	131	Ryan Knight	34	Chico	CA	41:46	8:22
12	136	Todd Beckmann	30	Santee	CA	41:51	8:23
13	141	Nebojsa Milosavljevic	33	Oakland	CA	41:59	8:24
14	150	Blake Michaelsen	34	Dunsmuir	CA	42:27	8:30
15	153	Nathan Vaughan	31	Warragul, Victoria	AUS	42:36	8:32
16	166	John Courtney	32	Walnut Creek	CA	43:13	8:39
17	182	Arthur Boyd	34	Mount Shasta	CA	44:14	8:51
18	188	Daniel Young	31	Spokane	WA	44:44	8:57
19	198	Kyle Hoppes	30	Petaluma	CA	45:12	9:03
20	203	Michael McGaughey	30	Weed	CA	45:22	9:05
21	209	Brian Kick	30	Shasta Lake	CA	45:37	9:08
22	242	Jon Herfindahl	34	Mount Shasta	CA	47:17	9:28
23	305	Justin Green	33	Rancho Santa Margarita	CA	50:53	10:11

Male 35-39

Place	Overall	Name	Age	City	State	Time	Pace
1	15	Nathan Tindell	39	Shasta Lake	CA	32:09	6:26
2	18	Felix Martinez	36	Redding	CA	32:34	6:31
3	34	Brent Silva	39	Mount Shasta	CA	34:44	6:57
4	42	Paul Davis	39	Santa Cruz	CA	35:39	7:08
5	53	Cameron Deatsch	36	Lafayette	CA	36:50	7:22
6	90	Tory Meredith	35	Redding	CA	39:27	7:54
7	91	Ryan Sabalow	37	Antelope	CA	39:30	7:54
8	94	Joel Van Hofwegen	38	San Carlos	CA	39:47	7:58
9	98	Graham Belchers	35	Los Altos Hills	CA	39:58	8:00
10	108	Gabe Sukman	38	Redwood Citty	CA	40:34	8:07
11	163	Edgar Joya	35	San Jose	CA	43:05	8:37
12	169	Robert Swallow	38	Jacksonville	OR	43:25	8:41
13	179	Jared Hall	36	La Pine	OR	43:56	8:48
14	181	Andrew Ewing	36	Mount Shasta	CA	44:09	8:50
15	199	Galen Ferrel	35	Mount Shasta	CA	45:16	9:04
16	202	Rob Harryman	38	Mount Shasta	CA	45:21	9:05
17	214	Micah Brown	38	Auburn	CA	45:45	9:09
18	243	Jason Dawson	35	Montague	CA	47:17	9:28

19	252	Dave Janowicz	37	Weed	CA	47:58	9:36
20	259	Scott Rodriguez	39	Mount Shasta	CA	48:06	9:38
21	268	Nicholas Patchen	36	San Francisco	CA	48:49	9:46
22	301	Nick Shelburne	36	Redding	CA	50:39	10:08
23	311	Eli Davidson	39	Redding	CA	51:35	10:19
24	337	Anthony Cho	37	San Mateo	CA	52:25	10:29
25	413	Matt Bishop	39	Orangevale	CA	59:00	11:48
26	462	Ryan Bakken	37	Redding	CA	1:05:20	13:04
27	479	Brenden Hanks	38	Redding	CA	1:08:40	13:44

Male 40-44

Place	Overall	Name	Age	City	State	Time	Pace
1	29	Geoff Harkness	44	Mount Shasta	CA	34:21	6:53
2	56	Manny Lopez	42	Lafayette	CA	37:07	7:26
3	64	Anthony Stringi	43	Weed	CA	37:51	7:35
4	66	Esteban Varelas	44	Sacramento	CA	37:55	7:35
5	71	Dusty Robinson	41	West Sacramento	CA	38:08	7:38
6	130	Steve Hoffman	41	Lafayette	CA	41:43	8:21
7	147	Kevin Rodericks	40	Dunsmuir	CA	42:11	8:27
8	148	Samuel Ginn	40	Davis	CA	42:12	8:27
9	164	Rowland Hickel	42	Chico	CA	43:09	8:38
10	168	Dennis Cobb	42	Mount Shasta	CA	43:24	8:41
11	193	Jason Gigliotti	44	Mount Shasta	CA	44:51	8:59
12	200	Chris Chase	44	Mount Shasta	CA	45:17	9:04
13	206	Chris Morast	44	Truckee	CA	45:28	9:06
14	269	Ryan McDonald	43	Reno	NV	48:58	9:48
15	334	Nils Blomquist	44	Fair Oaks	CA	52:21	10:29
16	350	Sean Denniston	41	Crater Lake	OR	53:02	10:37
17	494	Pete Jonas	43	Mount Shasta	CA	1:11:40	14:20

Male 45-49

Place	Overall	Name	Age	City	State	Time	Pace
1	25	Mark Hilsenberg	48	Weed	CA	33:49	6:46
2	58	Brian Gaddy	46	Redding	CA	37:18	7:28
3	63	Ramsey Etchison	47	Truckee	CA	37:48	7:34
4	75	Brian Vikstrom	45	Davis	CA	38:18	7:40
5	107	Joseph Hatten	48	Dunsmuir	CA	40:31	8:07
6	190	Tim Lacey	48	Sparks	NV	44:48	8:58
7	225	Brad Baber	45	Paradise	CA	46:09	9:14
8	236	James McNames	47	Portland	OR	47:04	9:25
9	251	Joe Restine	46	Weed	CA	47:51	9:35
10	266	Dave Tranquilla	47	Truckee	CA	48:44	9:45
11	275	Brian Staab	47	Portland	OR	49:23	9:53
12	277	Chris Wehman	46	Mount Shasta	CA	49:29	9:54
13	368	Mark Grosch	46	Goleta	CA	54:21	10:53
14	394	Todd Campbell	46	Redding	CA	55:57	11:12
15	402	Paul de Rijke	47	Mount Shasta	CA	57:09	11:26

16	432	Jeffred Calma	45	Shasta Lake	CA	1:00:27	12:06
17	439	Bill Watson	45	Redding	CA	1:00:59	12:12

Male 50-54

Place	Overall	Name	Age	City	State	Time	Pace
1	32	Dave Peterson	52	Eugene	OR	34:40	6:56
2	37	Randy Anderson	53	Folsom	CA	35:08	7:02
3	39	Frank Ward	53	Yreka	CA	35:11	7:03
4	43	Oliver Albrecht	50	Alameda	CA	35:42	7:09
5	99	Bill Jostock	53	Redding	CA	40:06	8:02
6	117	Vince Hayes	53	Fairfax	CA	41:00	8:12
7	122	Daniel Prettyman	52	El Dorado Hills	CA	41:15	8:15
8	133	Rob Mapes	52	San Jose	CA	41:49	8:22
9	146	Mohammed Hussain	52	Huntington Park	CA	42:10	8:26
10	172	Robert Duchynski	52	Santa Rosa	CA	43:38	8:44
11	234	Paul Hamann	54	Mount Shasta	CA	46:54	9:23
12	235	Fred Hering	52	Mount Shasta	CA	46:55	9:23
13	238	Kevin Watson	51	Yuba City	CA	47:08	9:26
14	339	David Bogdonoff	53	Berkeley	CA	52:29	10:30
15	344	Rob Shelton	51	Yreka	CA	52:50	10:34
16	360	Mike Davis	53	Redding	CA	53:33	10:43
17	424	Gerard Garrotte	53	Lakehead	CA	59:52	11:59
18	433	Brian Heim	54	Oakville	CA	1:00:27	12:06
19	443	Guy Winslow	51	Mount Shasta	CA	1:01:32	12:19

Male 55-59

Place	Overall	Name	Age	City	State	Time	Pace
1	33	Jody Hall	58	Redding	CA	34:41	6:57
2	51	Jamie DeSantis	56	Oak Run	CA	36:45	7:21
3	74	Brian Stromberg	58	Arcata	CA	38:16	7:40
4	114	Bob Ghelfi	56	Redding	CA	40:57	8:12
5	142	Fernie Fernandez	56	Yreka	CA	42:02	8:25
6	180	Rick Dern	55	Yreka	CA	44:07	8:50
7	197	Jaques Desjardins	55	San Francisco	CA	45:06	9:02
8	218	Alan Torrigino	58	McCloud	CA	45:47	9:10
9	223	Cliff Kennedy	57	Mount Shasta	CA	46:03	9:13
10	241	Terry Snook	58	Elk Grove	CA	47:13	9:27
11	255	Steven Hiner	55	Redding	CA	48:02	9:37
12	273	George Bremer	55	Castro Valley	CA	49:16	9:51
13	326	Thomas O'Brien	59	Weed	CA	52:02	10:25
14	369	Roger Low	56	Fair Oaks	CA	54:27	10:54
15	422	Bill Lee	59	Reno	NV	59:46	11:58
16	437	Kaign Christy	58	Flagstaff	AZ	1:00:51	12:11

Male 60-64

Place	Overall	Name	Age	City	State	Time	Pace
1	44	Scott Sumner	62	Yreka	CA	36:02	7:13
2	49	Mark Reese	62	Cottonwood	CA	36:28	7:18
3	69	Don Sisting	62	Camarillo	CA	38:01	7:37
4	77	Al Masterson	60	Redding	CA	38:28	7:42
5	109	Pat Rebol	63	Cottonwood	CA	40:42	8:09
6	118	Ron Fritzke	60	Mount Shasta	CA	41:03	8:13
7	258	Andrew Davis	61	Mount Shasta	CA	48:05	9:37
8	280	Gerald Aguiar	64	Orland	CA	49:45	9:57
9	289	Rick Passanisi	60	Weed	CA	50:11	10:03
10	290	Burrel Barber	60	Redding	CA	50:12	10:03
11	300	Jonathan Hanbury	61	Reno	NV	50:37	10:08
12	341	Jesus Valencia	60	San Jose	CA	52:37	10:32
13	405	Gordon Woodhead	61	Mount Shasta	CA	57:50	11:34
14	408	David Cooper	63	Millbrae	CA	58:31	11:43
15	409	Jay Winograd	63	Redding	CA	58:46	11:46
16	473	Kurt Floyd	61	Dixon	CA	1:07:07	13:26
17	475	Joseph Rodola	64	Redding	CA	1:08:17	13:40
18	505	Andy McBee	61	Shady Cove	OR	1:22:08	16:26

Male 65-69

Place	Overall	Name	Age	City	State	Time	Pace
1	92	Dick Boothe	67	Cave Junction	OR	39:40	7:56
2	123	Tim Rose	65	Eagle Point	OR	41:15	8:15
3	134	Robert Whitehead	68	Sacramento	CA	41:50	8:22
4	192	Lawrence Dunn	66	Redding	CA	44:50	8:58
5	302	John Crowe	69	Redding	CA	50:48	10:10
6	307	Robert Bechen	69	Mount Shasta	CA	51:11	10:15
7	318	Eric Johnson	65	Redding	CA	51:42	10:21
8	376	Neil Jacobs	66	Mount Shasta	CA	54:58	11:00
9	400	Tim Stearns	69	Mount Shasta	CA	56:48	11:22
10	429	David Fontius	69	Weed	CA	1:00:23	12:05
11	454	Larry Watts	67	Redding	CA	1:03:04	12:37
12	460	Albert Castro	67	Mount Shasta	CA	1:04:55	12:59
13	471	Mike Silva	65	Mount Shasta	CA	1:06:58	13:24
14	478	Harold Clinehens	69	Mount Shasta	CA	1:08:39	13:44
15	482	Norm Shaskey	69	Yreka	CA	1:09:12	13:51
16	484	Michael White	65	McCloud	CA	1:09:35	13:55
17	487	Jim Morgan	68	Chico	CA	1:09:57	14:00
18	493	Peter Jonas	68	Lakewood	WA	1:11:39	14:20

Male 70-79

Place	Overall	Name	Age	City	State	Time	Pace
1	184	Jimmy McCullough	73	Mount Shasta	CA	44:16	8:52
2	338	Stephen Goldman	70	Jacksonville	OR	52:28	10:30
3	389	Neil Posson	70	Mount Shasta	CA	55:48	11:10
4	498	Jack Darrow	70	Fairfax	CA	1:12:33	14:31

Male 75-79

Place	Overall	Name	Age	City	State	Time	Pace
1	211	Fred Coleman	76	Ojai	CA	45:40	9:08
2	303	Ron Dunlap	78	Redding	CA	50:51	10:11
3	340	Seth Weintraub	77	Jacksonville	OR	52:32	10:31

Male 80-84

Place	Overall	Name	Age	City	State	Time	Pace
1	450	Ed Bush	83	Willow Creek	CA	1:2:26	12:30
2	504	Phil Neiman	84	Mount Shasta	CA	1:18:41	15:45

Male 85-89

Place	Overall	Name	Age	City	State	Time	Pace
1	483	Gene Moyer	88	Mount Shasta	CA	1:9:31	13:55
2	510	Harry Daniell	88	Redding	CA	1:24:32	16:55

Male 90 and over

Place	Overall	Name	Age	City	State	Time	Pace
1	512	Dwight Roberts	91	Yreka	CA	1:28:30	17:42

Clydesdale Division

Place	Overall	Name	Age	City	State	Time	Pace
1	46	Jack Crawford	33	Mount Shasta	CA	36:18	7:16
2	57	Robby Burns	26	Mount Shasta	CA	37:16	7:28
3	60	Ray Olmos	40	Redding	CA	37:29	7:30
4	62	Micah NeVille	35	Weed	CA	37:34	7:31
5	127	Wayne Gregory	45	Colfax	WA	41:33	8:19
6	201	Paul Rodriguez	36	Mount Shasta	CA	45:20	9:04
7	212	Doug Crumley	50	Gold River	CA	45:41	9:09
8	229	Scott Proctor	25	Mount Shasta	CA	46:26	9:18
9	261	Michael Good	28	Redding	CA	48:18	9:40
10	276	Wayne Marthaller	59	Medford	OR	49:23	9:53
11	286	Landon Robert	37	Lincoln	CA	50:00	10:00
12	297	Radu Ocnean	54	Redington Beach	FL	50:29	10:06
13	306	Mitchell Buntmeyer	60	Redington Beach	FL	51:02	10:13
14	317	Andrew Dick	57	Mount Shasta	CA	51:41	10:21
15	343	Seth Worthen	24	Yreka	CA	52:45	10:33
16	357	Erik Moyer	46	El Dorado Hills	CA	53:27	10:42
17	370	Bronze Withem	27	Weed	CA	54:39	10:56

18	377	Jeffery Pessoa	37	Dunsmuir	CA	55:01	11:01
19	396	Todd Pulatie	50	Weed	CA	56:29	11:18
20	404	Milan Viau	57	McCloud	CA	57:36	11:32
21	457	Nathan Hans	39	Auburn	WA	1:03:50	12:46
22	463	Andrew Pool	37	Menifee	CA	1:05:40	13:08
23	466	Mike Jones	43	San Jose	CA	1:06:20	13:16
24	476	Jeremy Lopez	28	San Jose	CA	1:08:20	13:40
25	500	Lawrence Glacy	76	San Diego	CA	1:13:47	14:46
26	508	Mike Mortensen	61	Long Beach	CA	1:22:55	16:35

Female 12 and under

Place	Overall	Name	Age	City	State	Time	Pace
1	189	Elliot Lacey	9	Sparks	NV	44:47	8:58
2	247	Callahan Zediker	11	Montague	CA	47:25	9:29

Female 13-15

Place	Overall	Name	Age	City	State	Time	Pace
1	149	Emma Flynn	14	Redding	CA	42:14	8:27
2	155	Sadie Cook	15	Bella Vista	CA	42:46	8:34
3	183	Lexi Lynn	13	Redding	CA	44:14	8:51
4	495	Gina Phillips	14	Medford	OR	1:11:57	14:24
5	496	Elli Miller	15	Mount Shasta	CA	1:12:32	14:31

Female 16-19

Place	Overall	Name	Age	City	State	Time	Pace
1	23	Sarah Anderson	18	Folsom	CA	33:30	6:42
2	31	Mallory Ward	18	Yreka	CA	34:39	6:56
3	73	Anna Lewis	18	Lakehead	CA	38:15	7:39
4	85	Marissa Bonivert	16	Mount Shasta	CA	39:08	7:50
5	106	Madelyn Cook	17	Bella Vista	CA	40:30	8:06
6	176	Hannah Roberts	16	Chesterton	IN	43:45	8:45
7	219	Anna Moore	18	Mount Shasta	CA	45:55	9:11
8	221	Naomi Gaddy-Thurman	16	Redding	CA	46:01	9:13
9	231	Taylor Trail	17	Aurora	CO	46:53	9:23
10	239	Madilyn Schweikert	19	Redding	CA	47:08	9:26
11	254	Nancy Hiner	16	Redding	CA	48:01	9:37
12	298	Ialee Hering	16	Mount Shasta	CA	50:31	10:07
13	310	Emily Andrus	18	Mount Shasta	CA	51:33	10:19
14	314	Mei Lin Domanski	16	Mount Shasta	CA	51:37	10:20
15	332	Samantha Benedict	18	McCloud	CA	52:18	10:28
16	420	Jordan Pavlic	19	Mount Shasta	CA	59:39	11:56

Female 20-24

Place	Overall	Name	Age	City	State	Time	Pace
1	120	Julie Ostrowski	22	Mount Shasta	CA	41:12	8:15
2	143	Brook Jones	22	Redding	CA	42:05	8:25
3	248	Remi Curley	21	Mount Shasta	CA	47:28	9:30
4	293	Bethanie Sandoval	21	Weed	CA	50:22	10:05
5	322	Haley Ghelfi	23	Redding	CA	51:54	10:23
6	371	Nicolette Neel	24	Weed	CA	54:42	10:57
7	379	Ashley Mittelman	22	Dunsmuir	CA	55:11	11:03
8	397	Alexandria Hartman	20	Vacaville	CA	56:45	11:21
9	426	Abbi Hansen	20	Yreka	CA	1:00:01	12:01
10	442	Rebecca Weed	20	Mount Shasta	CA	1:01:13	12:15
11	446	Rose Wyse	21	Palo Cedro	CA	1:02:08	12:26
12	458	Jordan Currie	21	Yreka	CA	1:04:00	12:48

Female 25-29

Place	Overall	Name	Age	City	State	Time	Pace
1	22	Natalie Ghelfi	28	Ashland	OR	33:27	6:42
2	48	Rebecca Reeves	26	Warragul, Victoria	AUS	36:22	7:17
3	101	Jenna Kane	28	Mount Shasta	CA	40:09	8:02
4	132	Liza Knight	29	Chico	CA	41:46	8:22
5	157	Amber Lowey	27	Ashland	OR	42:48	8:34
6	159	Dayna Vogt	25	Mount Shasta	CA	42:51	8:35
7	174	Erica Catlin	27	Mount Shasta	CA	43:40	8:44
8	217	Jenna Carroll	25	Mount Shasta	CA	45:47	9:10
9	237	Kylie Irwin	28	Red Bluff	CA	47:07	9:26
10	256	Alyssa Swallow	28	Jacksonville	OR	48:03	9:37
11	274	Kristin Good	29	Redding	CA	49:18	9:52
12	278	Tanya English	29	Yreka	CA	49:35	9:55
13	281	Grace Garberson	25	Chico	CA	49:45	9:57
14	312	Michaela Boucher	29	Redding	CA	51:36	10:19
15	320	Desiree Valenzuela-Wilson	29	Mount Shasta	CA	51:46	10:22
16	324	Katie Ghelfi-Dunbar	26	Redding	CA	51:55	10:23
17	349	Meghan McCarron	25	Las Vegas	NV	52:58	10:36
18	354	Marya Hannun	29	Palo Alto	CA	53:21	10:41
19	355	Kara Cooper	28	San Francisco	CA	53:21	10:41
20	358	Ashley Risch	28	San Luis Obispo	CA	53:29	10:42
21	380	Erika Neel	27	San Luis Obispo	CA	55:12	11:03
22	415	Sydney Gowen	26	Redding	CA	59:09	11:50
23	421	Megan Brodbeck	29	Klamath Falls	OR	59:43	11:57
24	441	Sarah Roberts	29	McCloud	CA	1:01:11	12:15
25	459	Kathryn McNulty	28	Mount Shasta	CA	1:04:08	12:50
26	465	Jessie Ballard	28	Redding	CA	1:05:59	13:12
27	502	Ashley Moore	25	Redding	CA	1:16:13	15:15

Female 30-34

Place	Overall	Name	Age	City	State	Time	Pace
65	65	Laura Chuippi	31	Boise	ID	37:53	7:35
67	67	Heidi Wettstein	34	West Sacramento	CA	38:01	7:37
76	76	Joy Isbell	32	Fort Jones	CA	38:20	7:40
93	93	Elena Lopez	34	Santa Cruz	CA	39:42	7:57
96	96	Sarah Tatom	33	Redding	CA	39:49	7:58
103	103	Jill Lovrin	33	Ashland	OR	40:20	8:04
125	125	Kristy Hall	31	La Pine	OR	41:27	8:18
129	129	Kathy Hannun	30	Palo Alto	CA	41:39	8:20
135	135	Yesenia Beckmann	30	Santee	CA	41:51	8:23
138	138	Juliana Macri	30	San Francisco	CA	41:53	8:23
144	144	Carissa Clelland	31	Redding	CA	42:06	8:26
226	225	Hana Jonas	33	Mount Shasta	CA	46:09	9:14
249	248	Jillian Delabar Galarsa	32	Weed	CA	47:31	9:31
253	252	Kate O'Brien-Mann	31	Grenada	CA	47:58	9:36
270	269	Monica Aranda	31	Alamo	CA	49:03	9:49
271	270	Amanda Bauder	33	Central Point	OR	49:04	9:49
299	298	Danielle Insley	31	Laguna Niguel	CA	50:33	10:07
304	303	Jessica Green	30	Rancho Santa Margarita	CA	50:52	10:11
356	355	Kali Richard	31	Rocklin	CA	53:23	10:41
374	373	Vanessa Gilmer	30	Chico	CA	54:52	10:59
444	443	Val Davis	34	Santa Cruz	CA	1:01:44	12:21
452	451	Barb Jones Rodriguez	34	Mount Shasta	CA	1:02:42	12:33
455	454	Sydney NeVille	33	Weed	CA	1:03:39	12:44
477	476	Tiffany Kellar	33	Dunsmuir	CA	1:08:22	13:41

Female 35-39

Place	Overall	Name	Age	City	State	Time	Pace
1	95	Sarah Maile	38	Mount Shasta	CA	39:48	7:58
2	97	Caroline Scott	35	Mount Shasta	CA	39:53	7:59
3	105	Melanie Obst	36	Mount Shasta	CA	40:29	8:06
4	137	Jaspal Gaddy	39	Redding	CA	41:52	8:23
5	154	Jennifer TruttMan	37	Grenada	CA	42:38	8:32
6	158	Allison Winston	35	Redwood Citty	CA	42:49	8:34
7	173	Elisabeth Paredes	36	Redding	CA	43:39	8:44
8	204	Arwen Flynn	37	Redding	CA	45:25	9:05
9	257	Christy Cummings Dawson	36	Montague	CA	48:04	9:37
10	264	Carrie Sonntag	37	Fort Worth	TX	48:39	9:44
11	284	Sarah Richards	38	Paradise Valley	AZ	49:59	10:00
12	285	Candace Hester	35	Paradise Valley	AZ	50:00	10:00
13	313	Megan Ewing	37	Mount Shasta	CA	51:36	10:20
14	315	Jennifer Granlund	35	Mount Shasta	CA	51:40	10:20
15	342	Brandy Brown	36	Auburn	CA	52:38	10:32
16	372	Maria Hubbers	36	Weed	CA	54:50	10:58
17	373	Anna Guzman	38	Weed	CA	54:51	10:59

18	375	Kristine Dickey-Rodola	38	Shasta Lake	CA	54:53	10:59
19	392	Lorin Humphries	35	Lafayette	CA	55:54	11:11
20	393	Jenn Campbell	38	Redding	CA	55:57	11:12
21	461	Jodi NeVille	36	Oakdale	CA	1:05:09	13:02
22	467	Anna Bechen	36	Mount Shasta	CA	1:06:20	13:16
23	480	Jenece Hanks	37	Redding	CA	1:08:41	13:45

Female 40-44

Place	Overall	Name	Age	City	State	Time	Pace
1	30	Karen Sinderson	44	Redding	CA	34:34	6:55
2	70	Liz Hawes	41	Santa Ynez	CA	38:07	7:38
3	152	Deborah Johnson	44	San Rafael	CA	42:34	8:31
4	185	Jenny Montabano	43	Petaluma	CA	44:17	8:52
5	194	Kathryn Reno	40	Mount Shasta	CA	44:57	9:00
6	213	Erin Laser	43	Belmont	CA	45:43	9:09
7	215	Jolie Krasinski	44	Evanston	IL	45:45	9:09
8	224	Korin Baber	44	Paradise	CA	46:09	9:14
9	260	Heather Lakmann	44	Redding	CA	48:14	9:39
10	308	Heather McGowan	40	Folsom	CA	51:25	10:17
11	316	Rachel Schott	41	Mount Shasta	CA	51:40	10:20
12	328	Jenn Hill	44	Yreka	CA	52:09	10:26
13	346	Kelly Dwinells	40	San Francisco	CA	52:54	10:35
14	353	Christina Spaulding	40	Mount Shasta	CA	53:17	10:40
15	390	Melissa Williams	44	San Antonio	TX	55:48	11:10
16	399	Amy Cavalleri	43	Redding	CA	56:46	11:22
17	412	Jennifer Bishop	41	Orangevale	CA	59:00	11:48
18	414	Kari Gardenson	41	Redding	CA	59:08	11:50
19	436	Faby De La Torre	41	Dunsmuir	CA	1:00:51	12:10
20	438	Kjerstin Fox	42	Redding	CA	1:00:59	12:12
21	445	Erika Weber	40	Philadelphia	PA	1:01:52	12:23
22	453	Shannon Mahoney	44	Rancho Cordova	CA	1:02:50	12:34
23	456	Courtney Hans	40	Auburn	WA	1:03:50	12:46
24	468	Darcy Novo	44	Alameda	CA	1:06:29	13:18
25	474	Andrea Taylor	44	San Francisco	CA	1:07:46	13:34
26	486	Jodi Pursell	42	Redding	CA	1:09:36	13:56
27	491	Lois Jones	40	Mount Shasta	CA	1:11:12	14:15

Female 45-49

Place	Overall	Name	Age	City	State	Time	Pace
1	82	Cynthia Pearson	49	Redding	CA	38:50	7:46
2	140	Jodine Laramy	48	Mountain View	CA	41:55	8:23
3	156	Malou Shannon	45	Mount Shasta	CA	42:47	8:34
4	177	Valerie Albano	47	Merced	CA	43:48	8:46
5	187	Lynn Holmquist	49	Redding	CA	44:37	8:56
6	195	Deborah Spicer	47	Port Angeles	WA	45:01	9:01
7	205	Eschelle Stapp	49	Fair Oaks	CA	45:26	9:06
8	228	Beth Stillwaugh	49	Redding	CA	46:17	9:16

9	250	Laura Sandoval	49	Weed	CA	47:32	9:31
10	287	Annette Gaddy	46	Redding	CA	50:01	10:01
11	288	Carin Bell	48	Yreka	CA	50:08	10:02
12	295	Brenda Floyd	48	Mount Shasta	CA	50:24	10:05
13	329	Linda La Bella	47	Redding	CA	52:10	10:26
14	351	Jen Gibson	49	Shasta	CA	53:04	10:37
15	388	Claudia Carpenter	46	Mount Shasta	CA	55:47	11:10
16	398	Jennifer Saavedra	49	Redding	CA	56:46	11:22
17	406	Sara Altamirano	45	Walnut Creek	CA	58:23	11:41
18	428	Rebecca Migala	47	Portland	OR	1:00:20	12:04
19	434	Gabriela Tazzar-Dineen	49	Paradise	CA	1:00:31	12:07
20	449	Cassandra Georgiopoulos	49	Gilbert	AZ	1:02:24	12:29

Female 50-54

Place	Overall	Name	Age	City	State	Time	Pace
1	61	Pamela Hayes	53	Fairfax	CA	37:29	7:30
2	78	Patty Friesen	53	Redding	CA	38:30	7:42
3	79	Sheri Richmond	51	Redding	CA	38:34	7:43
4	116	Jenine Hoisington	54	Montague	CA	40:59	8:12
5	151	Shannon Schiavone	51	Murphy	OR	42:31	8:31
6	160	Sandy Reese	53	Cottonwood	CA	42:53	8:35
7	167	Serena Ackerman	53	Mount Shasta	CA	43:14	8:39
8	207	Lynda Canty	51	Half Moon Bay	CA	45:30	9:06
9	216	Ellen Mapes	51	San Jose	CA	45:46	9:10
10	262	Mavis Carey	51	Red Bluff	CA	48:24	9:41
11	296	Carolyn Aquilina	53	Dunsmuir	CA	50:25	10:05
12	321	Tami Mannix	53	Hanford	CA	51:48	10:22
13	325	Tanya Enriquez	52	Redding	CA	51:55	10:23
14	359	Valarie Wiley	54	Yreka	CA	53:32	10:43
15	364	Michele Freeze	50	Yreka	CA	54:10	10:50
16	384	Elizabeth Donnelly	54	Menlo Park	CA	55:21	11:05
17	387	Joanne Gwin	54	Elk Creek	CA	55:36	11:08
18	395	Lucia Pizano	53	Mount Shasta	CA	56:15	11:15
19	411	Terry Stefanelli	54	Weed	CA	58:48	11:46
20	416	Kristi Soriano	50	Albany	OR	59:10	11:50
21	423	Susan Garrotte	53	Lakehead	CA	59:47	11:58
22	447	Trish Fontana	51	Elk Grove	CA	1:02:15	12:27
23	448	Erica Wyse	51	Palo Cedro	CA	1:02:23	12:29
24	489	Darla King	53	Sacramento	CA	1:10:30	14:06
25	506	Joan McBee	53	Shady Cove	OR	1:22:23	16:29
26	507	Mindy Kinnan-Willits	52	Medford	OR	1:22:24	16:29
27	516	Christine Ryan	50	Greenview	CA	1:37:00	19:24

Female 55-59

Place	Overall	Name	Age	City	State	Time	Pace
1	113	Lynn Bargioni	56	Redding	CA	40:51	8:11
2	145	Jodi Marthaller	57	Medford	OR	42:09	8:26
3	165	Kathleen Dugan	56	Eugene	OR	43:13	8:39
4	177	Sue Maurer	55	Ukiah	CA	43:45	8:45
5	246	Sherry Lewis	59	Lakehead	CA	47:24	9:29
6	263	Michelle Lennon	59	Mount Shasta	CA	48:28	9:42
7	267	Susan Grove	56	Weed	CA	48:45	9:45
8	282	Brenda Brusett	57	Anderson	CA	49:53	9:59
9	319	Linda Valenzuela	56	Mount Shasta	CA	51:45	10:21
10	323	Julie Ghelfi	56	Redding	CA	51:54	10:23
11	327	Marlina Riffel	57	Redding	CA	52:06	10:26
12	335	Sarah Beesley	58	McCloud	CA	52:23	10:29
13	347	Becky Valdez	55	Weed	CA	52:54	10:35
14	363	Kim Barber	57	Redding	CA	53:53	10:47
15	382	Sophia Hinojosa	55	San Jose	CA	55:14	11:03
16	401	Laura Seekatz	57	Redding	CA	57:01	11:25
17	419	Michelle Nicolls	56	Redding	CA	59:37	11:56
18	430	Charlene Mattos	59	Menlo Park	CA	1:00:23	12:05
19	469	Joyce Hinrichs	58	Arcata	CA	1:06:31	13:19
20	472	Beth Floyd	58	Dixon	CA	1:07:07	13:26
21	499	Sharon Allen	58	Mount Shasta	CA	1:13:47	14:46
22	501	Leticia Sotelo	55	Santa Rosa	CA	1:15:18	15:04
23	511	Jennifer Pentrack	59	Weed	CA	1:24:32	16:55

Female 60-64

Place	Overall	Name	Age	City	State	Time	Pace
1	291	Delona Jensen	62	Edgewood	CA	50:13	10:03
2	294	Judy Jennings	64	Folsom	CA	50:22	10:05
3	391	Shelley Cerasaro	63	Redding	CA	55:51	11:10
4	403	Grace Slick	62	Camptonville	CA	57:15	11:27
5	410	Eveline Robinson	60	Mount Shasta	CA	58:47	11:46
6	440	Carol Warren	62	Redding	CA	1:01:07	12:14
7	488	Justina Hale	60	Redding	CA	1:10:21	14:05
8	490	Carolyn Shankland	60	Roseville	CA	1:10:31	14:06
9	503	Cindy Cooper	62	Millbrae	CA	1:16:58	15:24
10	512	Pam Shaskey	63	Yreka	CA	1:28:00	17:36
11	513	Brandee Sisting	64	Camarillo	CA	1:32:00	18:24

Female 65-69

Place	Overall	Name	Age	City	State	Time	Pace
1	124	Robin St Clare	67	Chico	CA	41:24	8:17
2	175	Patty Shackleton	65	Redding	CA	43:42	8:45
3	279	Ann Jensen	66	Mount Shasta	CA	49:41	9:57
4	336	Stephanie Posson	69	Mount Shasta	CA	52:23	10:29
5	407	Leslie Blankenship	68	Montague	CA	58:29	11:42
6	464	Linda Held	69	Mount Shasta	CA	1:05:56	13:12
7	481	Donna Larson	69	Mount Shasta	CA	1:09:05	13:49
8	485	Ginger White	65	McCloud	CA	1:09:36	13:55

Female 70-74

Place	Overall	Name	Age	City	State	Time	Pace
1	514	Lollie Knight	74	Willows	CA	1:36:00	19:12
2	515	Karen Dier	72	Greenview	CA	1:36:30	19:18

Female 75-79

Place	Overall	Name	Age	City	State	Time	Pace
1	292	Joann Hall	75	Redding	CA	50:16	10:04

Female 80 and over

Place	Overall	Name	Age	City	State	Time	Pace
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Athena Division

Place	Overall	Name	Age	City	State	Time	Pace
1	186	Jenelle Walker	36	Mount Shasta	CA	44:19	8:52
2	210	Jessica Roberts	33	Lincoln	CA	45:39	9:08
3	220	Paige Hutton	25			45:58	9:12
4	230	Samantha Winte	21	Mount Shasta	CA	46:31	9:19
5	244	Tarrah Harnden	35	Etna	CA	47:18	9:28
6	330	Shawna Labella	31	Shasta Lake	CA	52:11	10:27
7	331	Laura Szymanski	53	Anderson	CA	52:14	10:27
8	348	Sara Fry	31	Mount Shasta	CA	52:56	10:36
9	361	Abigail Giese	26	Sutter	CA	53:36	10:44
10	362	Allison Urban	24	Yuba City	CA	53:37	10:44
11	365	Haelee Spencer	22	Montague	CA	54:12	10:51
12	366	Krista Freeze	23	Yreka	CA	54:12	10:51
13	367	Alex Peruzzi	21	Mount Shasta	CA	54:19	10:52
14	381	Christina Newby	33	Chico	CA	55:13	11:03
15	383	Jennifer Gifford	27	Redding	CA	55:18	11:04
16	417	Angela Hamilton	16	Mount Shasta	CA	59:11	11:51
17	418	Jeanine Masciola	53	McCloud	CA	59:15	11:51
18	427	Lynne Johnson	47	Yreka	CA	1:00:11	12:03
19	431	Lois Calma	52	Shasta Lake	CA	1:00:24	12:05
20	509	Teresa Mortensen	58	Long Beach	CA	1:22:55	16:35