

**40th Mount Shasta 4th of July Race**  
**July 4, 2018**  
**5-Mile Race**  
**Age Group Results**

**Male 12 and under**

Division	Overall	Name	Age	City	State	Time	Pace
1	197	Gio Purcell	9	Redding	CA	44:21	8:53
2	214	Nathan Rose	11	Fairfax	CA	44:52	8:59
3	234	Miles Miller	8	Weed	CA	45:54	9:11
4	288	Keith Pulatie	12	Weed	CA	48:38	9:44
5	317	Vicente Carrasco	10	Mount Shasta	CA	50:31	10:07
6	373	Michael Kellar	12	Medford	OR	54:36	10:56
7	381	Chas O'Connor	10	Redding	CA	55:06	11:02
8	451	Atticus Holst	11	Roseville	CA	1:02:40	12:32
9	501	Bobby Ducote	12	Millbrae	CA	1:11:29	14:18

**Male 13-15**

Division	Overall	Name	Age	City	State	Time	Pace
1	7	Drew Hering	15	Mount Shasta	CA	29:26	5:54
2	33	Noah Lacey	15	Sparks	NV	34:05	6:49
3	41	Izick Hernandez	13	Dunsmuir	CA	34:46	6:58
4	47	Isaac Bahr	14	Redding	CA	35:00	7:00
5	82	Kaedon Robustellini	15	Yreka	CA	37:43	7:33
6	90	Harrison Low	15	Fair Oaks	CA	38:08	7:38
7	202	Cayden Pulatie	14	Weed	CA	44:28	8:54
8	246	AJ Blomquist	15	Fair Oaks	CA	46:37	9:20
9	277	Andrew Hoskins	13	Mount Shasta	CA	48:16	9:40
10	279	Trent Moyer	15	El Dorado Hills	CA	48:18	9:40
11	335	Hudson Silva	13	Mount Shasta	CA	51:15	10:15
12	348	Devlin Mateo	15	El Dorado Hills	CA	52:40	10:32

**Male 16-19**

Division	Overall	Name	Age	City	State	Time	Pace
1	2	Alexis Ramirez	16	Weed	CA	27:55	5:35
2	5	Blake Chitwood	18	Yreka	CA	28:49	5:46
3	8	Miles Colescott	16	Missoula	MT	29:35	5:55
4	11	Isaac Fernandez	19	Yreka	CA	30:32	6:07
5	12	Ryan Hering	19	Mount Shasta	CA	30:57	6:12
6	14	Evan Smith	17	Irvine	CA	31:09	6:14
7	15	Eric Anderson	16	Folsom	CA	31:29	6:18
8	54	Sebastian Gonzalez	17	Dublin	CA	35:48	7:10
9	70	Mo Mo	17			37:10	7:26
10	75	Hayden Low	18	Fair Oaks	CA	37:22	7:29

11	79	Jack Busch	17	Salinas	CA	37:30	7:30
12	91	Orion Alley	18	Mount Shasta	CA	38:13	7:39
13	123	Griffin Hamann	18	Mount Shasta	CA	40:02	8:01
14	153	Aram Aguirre	18	Mount Shasta	CA	42:30	8:30
15	176	David West	16	Wheatland	CA	43:33	8:43
16	190	Jacob Houtman	17	Mount Shasta	CA	44:00	8:48
17	209	Blake Blomquist	17	Redding	CA	44:43	8:57
18	211	Greyson Morrison	18	Montague	CA	44:49	8:58
19	280	Brayden Ross	16	El Dorado Hils	CA	48:27	9:42
20	399	Caleb Cooley	18	Chico	CA	56:16	11:16
21	434	Nate Taylor	18	Yreka	CA	59:44	11:57

## Male 20-24

Division	Overall	Name	Age	City	State	Time	Pace
1	1	Chris Morzenti	20	Dunsmuir	CA	24:59	5:00
2	6	Michael Gengo	21	Weed	CA	29:15	5:51
3	10	Austin Murch	24	Shasta Lake	CA	30:24	6:05
4	17	Chris Cheula	20	Mount Shasta	CA	31:53	6:23
5	18	Devin Vaughn	22	Redding	CA	32:13	6:27
6	21	Chris Cazneaux	24	Mount Shasta	CA	32:51	6:35
7	24	Parker Wilkin	20	Granite Bay	CA	33:04	6:37
8	42	Mason Kohls	20	Granite Bay	CA	34:47	6:58
9	62	Matthew Bollinger	23	Carmichael	CA	36:23	7:17
10	71	Luke Ackerman	21	Mount Shasta	CA	37:11	7:27
11	124	Tyler Stevenson	24	Colfax	WA	40:06	8:02
12	129	Pablo Campollo	22	Chico	CA	40:47	8:10
13	140	Jacob Colbert	24	Redding	CA	41:32	8:19
14	155	Parker Chase	24	Redding	CA	42:39	8:32
15	216	Izik Walsh	21	Chico	CA	44:56	9:00
16	219	Ben Essig	20	Goleta	CA	44:58	9:00
17	228	Matthew Berry	24	Mount Shasta	CA	45:29	9:06
18	248	Kaden Culp	23	Lewiston	CA	46:43	9:21
19	304	Josh Prettyman	22	El Dorado Hils	CA	49:36	9:56
20	414	Gavin Marcus	24	Willows	CA	57:16	11:28

## Male 25-29

Division	Overall	Name	Age	City	State	Time	Pace
1	4	Tony Moore	27	Redding	CA	28:36	5:44
2	9	Tyler Goens	28	Grants Pass	OR	29:56	6:00
3	19	Isaac Secor	25	Redding	CA	32:23	6:29
4	32	Sean Berry	27	Redding	CA	33:58	6:48
5	34	Sam Cassinelli	26	South Pasadena	CA	34:07	6:50
6	46	Nick Kennedy	29	Mount Shasta	CA	35:00	7:00
7	56	Ethan Catlin	28	Mount Shasta	CA	35:51	7:11
8	72	David Carter	25	Mount Shasta	CA	37:16	7:28
9	77	Bryan Jr Pearson	28	Mount Shasta	CA	37:28	7:30

10	99	Zack Morris	28	San Francisco	CA	38:59	7:48
11	119	Jake Padula	27	Dunsmuir	CA	39:56	8:00
12	141	Benjamin White	28	Chico	CA	41:38	8:20
13	150	Chris Collins	26	Yorba Linda	CA	42:16	8:28
14	159	Sam Cooper	27	Los Angeles	CA	42:43	8:33
15	229	Joshua Phillips	25	Happy Valley	OR	45:31	9:07
16	238	Gavin Broussard	27	Citrus Heights	CA	46:15	9:15
17	244	Nick Villani	28	San Diego	CA	46:35	9:19
18	271	Alastair Curley	26	Mount Shasta	CA	48:02	9:37
19	382	Bryan Thompson	26	Santa Cruz	CA	55:07	11:02
20	507	Arthur Thompson	26	Lititz	PA	1:16:01	15:13

## Male 30-34

Division	Overall	Name	Age	City	State	Time	Pace
1	3	Greg Dame	30	San Francisco	CA	28:12	5:39
2	13	Kale Coppin	30	Weed	CA	30:59	6:12
3	26	Ben Wu Combe	33	Dunsmuir	CA	33:24	6:41
4	27	Pyan Sorenson	30	Mount Shasta	CA	33:34	6:43
5	29	Jason Ballard	31	Redding	CA	33:50	6:46
6	30	Cory Coppin	30	Weed	CA	33:50	6:46
7	36	Brian Randall	32	San Jose	CA	34:14	6:51
8	53	Hunter Philson	30	Santa Rosa	CA	35:45	7:09
9	55	Jerod Schwab	32	Yreka	CA	35:48	7:10
10	76	Kevin Evans	32	Berkeley	CA	37:23	7:29
11	83	Stefan Swecker	30	Mount Shasta	CA	37:48	7:34
12	84	Michael Arriola-Jacobson	31	Truckee	CA	37:53	7:35
13	87	Peter McGee	31	Salinas	CA	37:57	7:36
14	117	James Wang	32	Redding	CA	39:54	7:59
15	121	Oudone Ngouyaphanh	34	Weed	CA	40:00	8:00
16	122	Daniel Whitesides	33	Santa Rosa	CA	40:01	8:01
17	138	Awni Hannun	31	New York	NY	41:15	8:15
18	173	Asaf Vaknin	30	Mount Shasta	CA	43:13	8:39
19	192	Kyle Sherby	32	Redding	CA	44:07	8:50
20	193	Dave Lee	30	Chico	CA	44:10	8:50
21	266	Duncan Wedderburn	32	San Francisco	CA	47:49	9:34
22	268	Nick Moehle	31	Lafayette	CA	47:50	9:34
23	302	James McBryan	34	San Leandro	CA	49:36	9:56
24	309	Nick Dellaragiana	32	Redding	CA	49:59	10:00
25	322	Dan Harberts	30	Portland	OR	50:58	10:12
26	331	Cody Morelock	34	Millville	CA	51:12	10:15
27	355	Cameron Softli	31	Seattle	WA	53:39	10:44
28	402	Tyler Treitman	33	Mount Shasta	CA	56:29	11:18
29	522	Adam Jacobvitz	32	Mountain View	CA	1:33:58	18:48

## Male 35-39

Division	Overall	Name	Age	City	State	Time	Pace
1	16	Felix Martinez	38	Redding	CA	31:50	6:22
2	20	Michael Francis	36	Riverside	CA	32:42	6:33
3	28	Tory Meredith	37	Redding	CA	33:39	6:44
4	35	Mike Sears	36	Redding	CA	34:14	6:51
5	43	Trevor Brown	39	Corvallis	OR	34:49	6:58
6	80	Micah NeVille	38	Mount Shasta	CA	37:34	7:31
7	105	Jesus Sanchez	35	Eagle	ID	39:28	7:54
8	114	Paul Klinefelter	35	Mount Shasta	CA	39:48	7:58
9	127	Ryan Sabalow	39	Antelope	CA	40:25	8:05
10	132	Dustin Balma	35	Mount Shasta	CA	41:03	8:13
11	152	Arthur Boyd	36	Mount Shasta	CA	42:20	8:28
12	183	Blake Michaelsen	36	Dunsmuir	CA	43:49	8:46
13	346	Justin Green	35	Dripping Spring	TX	52:11	10:27
14	484	Nick Syrrist	35	Dunsmuir	CA	1:07:52	13:35

## Male 40-44

Division	Overall	Name	Age	City	State	Time	Pace
1	22	Donny Ribaudio	40	Granite Bay	CA	32:56	6:36
2	37	Bob Moore	41	Callahan	CA	34:27	6:54
3	48	Forrest Ellena	42	Redding	CA	35:05	7:01
4	50	Jamie Bowron	41	Clayton	CA	35:27	7:06
5	51	Mike Cramer	41	Fort Jones	CA	35:39	7:08
6	57	Brent Silva	41	Mount Shasta	CA	35:53	7:11
7	65	Joshua King	40	Corona	CA	36:39	7:20
8	81	Ray Olmos	42	Irvine	CA	37:39	7:32
9	111	Hiroyuki Ogiso	44	Sunnyvale	CA	39:44	7:57
10	113	Joel Van Hofwegen	40	San Carlos	CA	39:47	7:58
11	115	Brett McClintock	41	Seattle	WA	39:49	7:58
12	128	David Estes	40	Arcata	CA	40:31	8:07
13	151	Rob Swallow	40	Jacksonville	OR	42:18	8:28
14	167	Jonathan Mann	41	Grenada	CA	43:05	8:37
15	175	Jason Sowvlen	44	Redding	CA	43:27	8:42
16	203	Kevin Parisot	44	Redding	CA	44:29	8:54
17	205	Ryan Beck	40	Lincoln	CA	44:31	8:55
18	227	Eli Davidson	41	Redding	CA	45:25	9:05
19	285	Ricardo Fiske	43	San Diego	CA	48:36	9:44
20	325	Travis Ritt	41	Oceanside	CA	51:01	10:13
21	332	Ryan Ham	42	Millville	CA	51:14	10:15
22	387	Chris Ranger	44	Bend	OR	55:35	11:07
23	391	Dylan Coleman	44	Mount Shasta	CA	55:45	11:09
24	455	Ron Griffman	42	Mount Shasta	CA	1:03:11	12:39

## Male 45-49

Division	Overall	Name	Age	City	State	Time	Pace
1	25	Brian Gaddy	48	Redding	CA	33:05	6:37
2	45	Fyodor Urnov	49	Lafayette	CA	34:53	6:59
3	61	Sam Luck	46	Fairfax	CA	36:20	7:16
4	93	Anthony Stringi	45	Weed	CA	38:38	7:44
5	97	Wayne Gregory	47	Colfax	WA	38:47	7:46
6	101	James Williams	48	Mount Shasta	CA	39:07	7:50
7	108	Esteban Varelas	46	Sacramento	CA	39:34	7:55
8	118	Chad Ensminger	46	Montague	CA	39:55	7:59
9	149	Thomas Carson	47	Weed	CA	42:15	8:27
10	255	Brad Baber	47	Chico	CA	47:06	9:26
11	333	Bob Cummins	48	Yreka	CA	51:14	10:15
12	354	Andrew Dempsey	48	Redding	CA	53:38	10:44
13	390	Erik Moyer	48	El Dorado Hils	CA	55:43	11:09
14	407	Paul De Rijke	49	Mount Shasta	CA	56:57	11:24
15	413	Javier Gonzalez	45	Dublin	CA	57:09	11:26
16	429	Grover Shipman	45	Mount Shasta	CA	59:18	11:52
17	433	Jason Gigliotti	47	Mount Shasta	CA	59:31	11:55
18	512	Nathan Hoffman	48	Dunsmuir	CA	1:03:11	15:44

## Male 50-54

Division	Overall	Name	Age	City	State	Time	Pace
1	31	Mark Hilsenberg	50	Weed	CA	33:57	6:48
2	58	David Peterson	54	Eugene	OR	35:55	7:11
3	92	Mohammed Hussain	54	Burlingame	CA	38:29	7:42
4	110	Daniel Prettyman	54	El Dorado Hils	CA	39:43	7:57
5	125	Frederick Stich	54	Redding	CA	40:13	8:03
6	148	Joseph Hatten	50	Dunsmuir	CA	42:14	8:27
7	154	Michael Cooper	52	Alexandria	VA	42:33	8:31
8	174	Rob Mapes	54	San Jose	CA	43:14	8:39
9	179	Rich Collier	50	Redding	CA	43:43	8:45
10	186	Tim Lacey	50	Sparks	NV	43:54	8:47
11	208	Scott Flynn	52	Redding	CA	44:40	8:56
12	210	Chris Ciccone	52	Dove Canyon	CA	44:44	8:57
13	242	Kevin Watson	53	Yuba City	CA	46:26	9:18
14	256	Randy Fregoso	50	Red Bluff	CA	47:07	9:26
15	446	Bert Gray	54	Keno	OR	1:01:00	12:12
16	452	Guy Winslow	53	Mount Shasta	CA	1:02:47	12:34

## Male 55-59

Division	Overall	Name	Age	City	State	Time	Pace
1	38	Frank Ward	55	Yreka	CA	34:28	6:54
2	44	Randy Anderson	55	Folsom	CA	34:52	6:59
3	49	Jamie Desantis	58	Oak Run	CA	35:22	7:05
4	59	John Kruempelstaedter	55	Los Gatos	CA	36:08	7:14
5	103	Marc Walsh	58	Chico	CA	39:12	7:51
6	131	George Bremer	57	Castro Valley	CA	40:57	8:12
7	146	Paul Hamann	56	Mount Shasta	CA	41:50	8:22
8	161	Cliff Kennedy	59	Mount Shasta	CA	42:48	8:34
9	177	Steve Hiner	57	Redding	CA	43:34	8:43
10	181	Vince Hayes	55	Fairfax	CA	43:47	8:46
11	206	Bob Ghelfi	58	Redding	CA	44:35	8:55
12	236	Rick Dean	57	Yreka	CA	46:03	9:13
13	261	David Smigelski	59	Medford	OR	47:35	9:31
14	264	Jacques Desjardins	57	San Francisco	CA	47:44	9:33
15	319	Alan Federman	55	Petaluma	CA	50:35	10:07
16	349	Brian Livingston	55	Martinez	CA	52:41	10:33
17	400	Mani Subramanian	57	Cupertino	CA	56:20	11:16
18	480	Kelly Shafsky	57	Santa Cruz	CA	7:32	13:31
19	495	William McCoy	56	Medina	MN	1:10:32	14:07

## Male 60-64

Division	Overall	Name	Age	City	State	Time	Pace
1	40	Jody Hall	60	Redding	CA	34:44	6:57
2	63	Al Masterson	62	Redding	CA	36:30	7:18
3	66	Steve Neill	63	Yreka	CA	36:42	7:21
4	67	Scott Sumner	64	Yreka	CA	36:46	7:22
5	74	Brian Stromberg	60	Arcata	CA	37:21	7:29
6	109	Jeffrey Stone	63	Yreka	CA	39:37	7:56
7	191	Jonathan Hanbury	63	Reno	NV	44:02	8:49
8	240	Terry Snook	60	Elk Grove	CA	46:16	9:16
9	258	Burrel Barber	62	Redding	CA	47:13	9:27
10	262	Rick Passanisi	62	Rocklin	CA	47:36	9:32
11	358	Jack Moehle	63	Lafayette	CA	53:42	10:45
12	364	Jon Lopey	64	Mount Shasta	CA	54:05	10:49
13	372	Jesus Valencia	62	San Jose	CA	54:35	10:55
14	422	Jim Lopey	64	Sparks	NV	58:09	11:38
15	464	Kurt Floyd	63	Dixon	CA	1:04:38	12:56
16	477	Brian Martin	61	Redding	CA	1:06:14	13:15
17	490	Andy McBee	63	Shady Cove	OR	1:09:56	14:00
18	499	Richard Sexton	64	Mount Shasta	CA	1:11:07	14:14
19	514	Fred Beale	60	Mount Shasta	CA	1:21:42	16:21

## Male 65-69

Division	Overall	Name	Age	City	State	Time	Pace
1	68	Wendell Carlile	66	Anderson	CA	36:59	7:24
2	207	Frank Moser	67	Silver City	NM	44:40	8:56
3	222	Marcus Partin	66	Redding	CA	45:12	9:03
4	343	Eric Johnson	67	Redding	CA	51:50	10:22
5	430	Neil Jacobs	68	Mount Shasta	CA	59:23	11:53
6	437	Neal Benz	67	Boise	ID	1:00:12	12:03
7	472	Albert Castro	69	Mount Shasta	CA	1:05:30	13:06
8	518	Doug Smith	67	San Francisco	CA	1:25:41	17:08

## Male 70-74

Division	Overall	Name	Age	City	State	Time	Pace
1	180	Joe Bissell	71	Redding	CA	43:45	8:45
2	232	Tom Morris	70	Mount Shasta	CA	45:45	9:09
3	315	Robert Whitehead	70	Sacramento	CA	50:26	10:06
4	417	Bob Bechen	71	Mount Shasta	CA	57:32	11:31
5	424	Tim Stearns	71	Mount Shasta	CA	58:27	11:42
6	453	Jim Morgan	70	Yuba City	CA	1:02:50	12:34
7	486	Bob Woodford	72	Castro Valley	CA	1:08:10	13:38
8	503	Lindsay Edwards	71	Redding	CA	1:11:57	14:24
9	508	David Wilson	73	Webster Groves	MO	1:16:02	15:13

## Male 75-79

Division	Overall	Name	Age	City	State	Time	Pace
1	226	Jimmy McCullough	75	Mount Shasta	CA	45:16	9:04
2	298	Fred Coleman	78	Ojai	CA	49:14	9:51

## Male 80-85

Division	Overall	Name	Age	City	State	Time	Pace
1	520	Neil Heiman	81	Weed	CA	1:29:11	17:51

## Male 85-89

Division	Overall	Name	Age	City	State	Time	Pace
1	521	Phillip Neiman	86	Mount Shasta	CA	1:29:57	18:00

## Male 90 and over

Division	Overall	Name	Age	City	State	Time	Pace
1	523	Harry Daniell	90	Redding	CA	1:42:48	20:34
2	529	Dwight Roberts	93	Yreka	CA	1:50:25	22:05

## Clydesdale Division

Division	Overall	Name	Age	City	State	Time	Pace
1	23	Blaine Littleford	24	Redding	CA	33:00	6:36
2	64	Kyle Mikolajczyk	50	Yreka	CA	36:30	7:18
3	95	Loren Lamb	23	Castle Rock	CO	38:41	7:45
4	107	David Dettman	29	Dunsmuir	CA	39:33	7:55
5	135	Corby Fugitt	45	Mount Shasta	CA	41:08	8:14
6	165	Juan Jose Olmos	41	Redding	CA	42:55	8:35
7	199	Radu Ocnean	56	Mount Shasta	CA	44:25	8:53
8	200	Tafoya David	49	Weed	CA	44:26	8:54
9	212	Keith Warde	48	Mount Shasta	CA	44:50	8:58
10	223	Alex Vogel	54	Whittier	CA	45:12	9:03
11	231	Steven Ballard	28	Redding	CA	45:44	9:09
12	235	Ian Miller	36	Weed	CA	45:54	9:11
13	260	Nils Blomquist	46	Fair Oaks	CA	47:27	9:30
14	274	Barry Henderson	40	Red Bluff	CA	48:05	9:37
15	275	Erik Main	28	Lakehead	CA	48:05	9:37
16	303	Michael Good	30	Redding	CA	49:36	9:56
17	310	Jeff Ridge	35	Dunsmuir	CA	50:10	10:02
18	326	Shane Sehi	43	Mount Shasta	CA	51:04	10:13
19	339	Peter Robbert	54	Mount Shasta	CA	51:37	10:20
20	365	Jeffery Pessoa	39	Dunsmuir	CA	54:06	10:50
21	369	Craig Wood	48	Redding	CA	54:08	10:50
22	375	Ben Martin	19	Mount Shasta	CA	54:39	10:56
23	376	Josh Whitford	34	Bozeman	MT	54:50	10:58
24	393	Todd Pulatie	52	Weed	CA	55:55	11:11
25	425	Dennis Glass	67	Mount Shasta	CA	58:31	11:43
26	442	Bud Imlay	41	Weed	CA	1:00:34	12:07
27	443	Simon McBryan	35	San Leandro	CA	1:00:38	12:08
28	454	Svend Holst	54	Roseville	CA	1:02:54	12:35
29	467	Frederick Hering	54	Mount Shasta	CA	1:04:51	12:59
30	468	Robert Easton	58	San Jose	CA	1:05:06	13:02
31	515	Joseph Jolly	57	San Jose	CA	1:22:05	16:25

## Female 12 and under

Division	Overall	Name	Age	City	State	Time	Pace
1	144	Elliot Lacey	11	Sparks	NV	41:39	8:20
2	291	Kaydence Reagan	9	Dunsmuir	CA	49:00	9:48
3	320	Stella Hayes	11	Fairfax	CA	50:38	10:08
4	366	Olivia Pessoa	9	Dunsmuir	CA	54:06	10:50
5	471	Brythe Nau Iza Whirl	7	Weed	CA	5:26	13:06
6	497	Emily Roach	8	Anderson	CA	10:54	14:11
7	511	Natalie Hoffman	7	Dunsmuir	CA	18:31	15:43



## Female 13-15

Division	Overall	Name	Age	City	State	Time	Pace
1	158	Sophie Carpenter	14	Alameda	CA	42:41	8:33
2	164	Sylva Carpenter	14	Mount Shasta	CA	42:54	8:35
3	250	Callahan Zediker	13	Montague	CA	46:58	9:24
4	281	Lexi Lynn	15	Redding	CA	48:28	9:42
5	321	Meredith Bradley	15	Mount Shasta	CA	50:57	10:12

## Female 16-19

Division	Overall	Name	Age	City	State	Time	Pace
1	78	Marissa Bonivert	18	Mount Shasta	CA	37:28	7:30
2	86	Emma Flynn	16	Redding	CA	37:55	7:35
3	168	Natalie Lagrone	19	Las Vegas	NV	43:05	8:37
4	233	Nancy Hiner	18	Redding	CA	45:46	9:10
5	247	Megan Fiske	18	San Diego	CA	46:40	9:20
6	252	Dusti Luiz	18	Montague	CA	47:00	9:24
7	254	Abby Baber	19	Chico	CA	47:05	9:25
8	311	Emma Carpenter	16	Mount Shasta	CA	50:16	10:04
9	318	Ialee Hering	18	Mount Shasta	CA	50:32	10:07
10	347	Alissa Ferrari	17	Mount Shasta	CA	52:21	10:29
11	409	Pricica Jaimes	18	Weed	CA	57:01	11:25

## Female 20-24

Division	Overall	Name	Age	City	State	Time	Pace
1	39	Mallory Ward	20	Yreka	CA	34:31	6:54
2	133	Abby Damschroeder	20	Mount Shasta	CA	41:04	8:13
3	196	Caroline Ristuccia	20	Weed	CA	44:20	8:52
4	225	Hollynd Boyden	23	Mount Shasta	CA	45:15	9:03
5	272	Remi Curley	23	Mount Shasta	CA	48:03	9:37
6	282	Marielle Schnack	23	Weed	CA	48:29	9:42
7	287	Lily Wyse	21	Palo Cedro	CA	48:38	9:44
8	323	Samantha Winte	23	Mount Shasta	CA	50:59	10:12
9	328	Rebecca Weed	22	Mount Shasta	CA	51:06	10:14
10	374	Janelle Jaegel	24	Mount Shasta	CA	54:36	10:56
11	406	Mariah Fiske	21	Escondido	CA	56:47	11:22
12	432	Taylor Partin	23	Redding	CA	59:31	11:55
13	449	Marissa Easton	23	San Jose	CA	1:02:10	12:26
14	517	Justine Culp	23	Lewiston	CA	1:23:02	16:37

## Female 25-29

Division	Overall	Name	Age	City	State	Time	Pace
1	60	Irene Wilson	26	Denver	CO	36:12	7:15
2	89	Alyssa Winkelman	27	Mount Shasta	CA	38:01	7:37
3	102	Lauren Thompson	26	Grenada	CA	39:08	7:50
4	106	Nicolette Neel	26	Weed	CA	39:31	7:54

5	130	Maribel Busch	26	Salinas	CA	40:50	8:10
6	156	Josie Hall	29	Redding	CA	42:39	8:32
7	163	Erica Catlin	29	Mount Shasta	CA	42:53	8:35
8	170	Katie Gale	26	Weed	CA	43:06	8:38
9	201	Sarah Branoff	25	San Francisco	CA	44:27	8:54
10	213	Michelle Furry	29	Descanso	CA	44:51	8:59
11	237	Brooke Feranna	26	Lakehead	CA	46:14	9:15
12	239	Emily Briggs	25	San Diego	CA	46:15	9:15
13	257	Iman Hussain	25	Mahomet	IL	47:08	9:26
14	294	Seth Worthen	26	Yreka	CA	49:07	9:50
15	313	Suzanne Stathatos	28	San Francisco	CA	50:22	10:05
16	356	Elena Bertolucci	29	Seattle	WA	53:39	10:44
17	367	Sydney Gowan	28	Redding	CA	54:07	10:50
18	386	Courtney Gessford	29	Sacramento	CA	55:20	11:04
19	398	Andred Holcansoh	25	Campbell	CA	56:02	11:13
20	410	Kendra Woodglass	27	Mount Shasta	CA	57:07	11:26
21	447	Makayla Eng	25	Yreka	CA	1:01:01	12:13

## Female 30-34

Division	Overall	Name	Age	City	State	Time	Pace
1	69	Jenna Kane	30	Mount Shasta	CA	37:04	7:25
2	88	MacKenzie Collins	31	San Francisco	CA	37:59	7:36
3	94	Liza Knight	31	Mount Shasta	CA	38:40	7:44
4	100	Joy Isbell	34	Fort Jone	CA	39:01	7:49
5	112	Laura Chuippi	33	Boise	ID	39:46	7:58
6	120	Alisse Galde	31	Mount Shasta	CA	39:59	8:00
7	134	Jennifer Hill	32	Murray	UT	41:07	8:14
8	147	Debrah Arriola-Jacobson	30	Truckee	CA	42:09	8:26
9	182	Dana Kent	31	Mount Shasta	CA	43:48	8:46
10	245	Rebecca White	30	Chico	CA	46:36	9:20
11	251	Juliana Macri	32	San Francisco	CA	46:59	9:24
12	292	Cynthia Reagan	34	Dunsmuir	CA	49:05	9:49
13	299	Sierra Hess	31	San Francisco	CA	49:20	9:52
14	301	Kristin Good	31	Redding	CA	49:29	9:54
15	316	Heather Banos	33	Mount Shasta	CA	50:30	10:06
16	336	Amanda Cooper	32	McCloud	CA	51:23	10:17
17	345	Jessica Green	32	Dripping Spring	s TX	52:07	10:26
18	370	Christianna Lininger	31	Berkeley	CA	54:10	10:50
19	385	Jesse Guillen	33	Bend	OR	55:19	11:04
20	397	Kali Richard	33	Rocklin	CA	56:01	11:13
21	405	Alyssa Swallow	30	Jacksonville	OR	56:31	11:19
22	460	Sarah Roberts	31	Weed	CA	1:03:56	12:48

## Female 35-39

Division	Overall	Name	Age	City	State	Time	Pace
1	73	Heidi Wettstein	36	West Sacramento	CA	37:17	7:28
2	85	Jenn Parks	38	Farmington	NY	37:55	7:35
3	126	Olivia Vaughan	39	Mount Shasta	CA	40:20	8:04
4	139	Leah Sullivan	38	Redding	CA	41:22	8:17
5	157	Allison Winston	37	Weed	CA	42:40	8:32
6	160	Amanda Bonivert	38	Mount Shasta	CA	42:46	8:34
7	195	Emily Kartt	36	Woodland	CA	44:19	8:52
8	204	Danielle Beck	39	Lincoln	CA	44:30	8:54
9	230	Jennifer King	35	Redding	CA	45:34	9:07
10	241	Caroline Scott	37	Mount Shasta	CA	46:17	9:16
11	283	Heather Burns	37	Redding	CA	48:30	9:42
12	289	Laura Ardill	35	Woodland	CA	48:49	9:46
13	293	Joanie Claussen	39	Cotati	CA	41:03	9:50
14	300	Elena Lopez	36	San Jose	CA	49:26	9:54
15	308	Lindsay Stordahl	36	Bozeman	MT	49:44	9:57
16	353	Summer Ryan	39	Redding	CA	53:20	10:40
17	359	Kelly Maloney	35	Weed	CA	53:47	10:46
18	384	Katie Cunnagin	37	Bend	OR	55:18	11:04
19	395	Deidre Miller	38	Portland	OR	55:58	11:12
20	396	Kay Darling	37	Portland	OR	56:00	11:12
21	404	Crystal Rivera	38	Yreka	CA	56:30	11:18
22	415	T. Mariella Hines	38	Castella	CA	57:22	11:29
23	474	Aimee Ojeda	39	Redding	CA	1:05:56	13:12
24	476	Cassie Zettle	37	Redding	CA	1:05:56	13:12
25	498	Amanda Bauder	35	Cottonwood	CA	1:10:56	14:12

## Female 40-44

Division	Overall	Name	Age	City	State	Time	Pace
1	116	Christine Liwanpo	40	Redding	CA	39:53	7:59
2	169	Alisa Bowron	40	Clayton	CA	43:6	8:38
3	194	Nelle Petersen	41	Chico	CA	44:19	8:52
4	263	Heather McGowan	42	Folsom	CA	47:40	9:32
5	270	Jamie Cramer	42	Fort Jones	CA	47:58	9:36
6	276	Anne Marie Brown	42	Chico	CA	48:06	9:38
7	286	Renee Thompson	44	Redding	CA	48:37	9:44
8	327	Elizabeth Watson	43	Sacramento	CA	51:06	10:14
9	351	Diane Hafoka	40	San Mateo	CA	53:03	10:37
10	352	Heidi Massey	40	Mount Shasta	CA	53:04	10:37
11	357	Tiffany Kim	40	Sacramento	CA	53:40	10:44
12	361	Megan Spaulding	40	Mount Shasta	CA	53:55	10:47
13	363	Christina Spaulding	42	Worcester	MA	54:04	10:49
14	368	Kari Goldenson	43	Redding	CA	54:08	10:50
15	420	Faby De La Torre	42	Dunsmuir	CA	57:45	11:33
16	426	Christina Bodenhamer	40	Mount Shasta	CA	58:33	11:43

17	436	Stacey Maltbie	44	Montague	CA	1:00:03	12:01
18	445	Lisa Gammon	41	Penngrove	CA	1:00:59	12:12
19	470	Isys Satkha Sa Whirl	44	Weed	CA	1:05:15	13:03
20	485	Anna Syrrist	41	Dunsmuir	CA	1:07:52	13:35
21	519	Chloe Kirby	41	Mount Shasta	CA	1:26:38	17:20

## Female 45-49

Division	Overall	Name	Age	City	State	Time	Pace
1	142	Evelyn Palmer	49	Mount Shasta	CA	41:39	8:20
2	143	Malou Shannon	47	Mount Shasta	CA	41:39	8:20
3	198	Tyne Gray	48	Colfax	WA	44:24	8:53
4	217	Valerie Albano	49	Merced	CA	44:56	9:00
5	253	Korin Baber	46	Chico	CA	47:05	9:25
6	267	Shelly Reeves	45	Mount Shasta	CA	47:50	9:34
7	269	Erin Laser	45	Belmont	CA	47:56	9:36
8	284	Claudia Carpenter	48	Mount Shasta	CA	48:30	9:42
9	297	Heather Lakmann	46	Redding	CA	49:13	9:51
10	341	Annette Gaddy	48	Redding	CA	51:43	10:21
11	342	Erin Nagel	46	Los Osos	CA	51:45	10:21
12	344	Frances Spangler	49	Petaluma	CA	51:52	10:23
13	394	Stacey Issac	46	Santa Barbara	CA	55:57	11:12
14	428	Laura Stapp	48	Redding	CA	59:15	11:51
15	458	Lauren Intagliata	46	Mount Shasta	CA	1:03:26	12:42

## Female 50-54

Division	Overall	Name	Age	City	State	Time	Pace
1	52	Tami Beall	51	Arcata	CA	35:45	7:09
2	98	Cindy Pearson	50	Redding	CA	38:51	7:47
3	162	Jodene Laramy	50	Mountain View	CA	42:53	8:35
4	166	Kathryn Mason	53	Westlake Villag	CA	42:59	8:36
5	218	Lynda Canty	53	Half Moon Bay	CA	44:57	9:00
6	220	Jennifer Henry-Silva	50	Redding	CA	44:59	9:00
7	249	Ellen Mapes	53	San Jose	CA	46:44	9:21
8	259	Michele Fregoso	50	Red Bluff	CA	47:25	9:29
9	265	Amy Ruff	50	Los Gatos	CA	47:48	9:34
10	295	Brenda Floyd	50	Mount Shasta	CA	49:08	9:50
11	329	Luisa Kelly	52	Mount Shasta	CA	51:07	10:14
12	338	Emma Lauriston	54	Mount Shasta	CA	51:37	10:20
13	377	Catherine Darrow	54	Shoreline	WA	54:50	10:58
14	378	Victoria Larsen	51	Mount Shasta	CA	55:02	11:01
15	403	Lisa Reagan	50	Redding	CA	56:29	11:18
16	411	Jennifer Rousseau	53	Cotati	CA	57:07	11:26
17	418	Angie Rowe	50	Redding	CA	57:34	11:31
18	427	Eschelle Stapp	51	Fair Oaks	CA	59:15	11:51
19	431	Lisa Harrison	52	Glendale	AZ	59:29	11:54
20	461	Michelle Kerr	50	Yreka	CA	1:03:58	12:48

21	469	Laura Walsh	54	Evanston	IL	1:05:14	13:03
22	483	Kelly Hering	54	Mount Shasta	CA	1:07:45	13:33
23	488	Brigid Donohue	53	Mount Shasta	CA	1:08:57	13:48

## Female 55-59

Division	Overall	Name	Age	City	State	Time	Pace
1	96	Pamela Hayes	55	Fairfax	CA	38:46	7:46
2	104	Patty Friesen	55	Redding	CA	39:15	7:51
3	136	Jenine Hoisington	56	Montague	CA	41:11	8:15
4	145	Kathleen Dugan	58	Eugene	OR	41:49	8:22
5	171	Serena Ackerman	55	Mount Shasta	CA	43:06	8:38
6	172	Nancy Quigley	55	Weed	CA	43:12	8:39
7	178	Toni Watson	55	Yuba City	CA	43:39	8:44
8	189	Lynn Nielsen	58	Redding	CA	43:59	8:48
9	215	Mindy Busch	58	Salinas	CA	44:54	8:59
10	243	Sue Constantinides	58	McCloud	CA	46:27	9:18
11	290	Marilee Ghelfi	58	Redding	CA	48:52	9:47
12	306	Sophia Hinojosa	57	San Jose	CA	49:39	9:56
13	307	Janine Susich	57	Redding	CA	49:44	9:57
14	314	Marie Del Toro	59	Mount Shasta	CA	50:25	10:05
15	340	Carolyn Aquilina	55	Dunsmuir	CA	51:38	10:20
16	362	Melinda Barnes	56	Mount Shasta	CA	54:02	10:49
17	379	Lisa Cedarblade	57	Watsonville	CA	55:02	11:01
18	401	Carolyn Weeramantry	59	White Plains	NY	56:26	11:18
19	412	Mary Jo Rousseau	56	Novato	CA	57:08	11:26
20	456	Akemi Dean	57	Yreka	CA	1:03:21	12:41
21	462	Valarie Wiley	56	Yreka	CA	1:03:59	12:48
22	478	Dawn Catherine	55	Mount Shasta	CA	1:06:18	13:16
23	489	Joan McBee	55	Shady Cove	OR	1:09:55	13:59
24	491	Holly Kenny	56	North Sioux Cit	y SD	1:09:57	14:00
25	492	Cassandra Williams	58	Castro Valley	CA	1:09:57	14:00
26	493	Nancy Hastings	59	Orangevale	CA	1:10:02	14:01
27	504	Beth Lougee	55	Chico	CA	1:12:10	14:26
28	505	Suzi Bean	56	Culver	OR	1:12:10	14:26

## Female 60-64

Division	Overall	Name	Age	City	State	Time	Pace
1	185	Nancy Zaferes	63	Aptos	CA	43:51	8:47
2	273	Renee Thomas	61	Mount Shasta	CA	48:03	9:37
3	324	Pamela Neronha	60	Mount Shasta	CA	51:01	10:13
4	383	Linda Braxton	60	Weed	CA	55:18	11:04
5	419	Jennifer Schmit	61	Redding	CA	57:44	11:33
6	438	Jackie Martin	60	Redding	CA	1:00:20	12:04
7	440	Gail Domanski	62	Mount Shasta	CA	1:00:28	12:06
8	459	Carol Warren	64	Redding	CA	1:03:40	12:44
9	465	Beth Floyd	60	Dixon	CA	1:04:38	12:56
10	479	Diane Miller	64	Talent	OR	1:07:10	13:26
11	487	Erin Newlin	61	Montague	CA	1:08:41	13:45
12	496	Lisa Long	63	Mount Shasta	CA	1:10:39	14:08
13	500	Anita Lee	64	Mount Shasta	CA	1:11:07	14:14
14	506	Kelly Partin	62	Redding	CA	1:14:12	14:51
15	510	Cindy Cooper	64	Half Moon Bay	CA	1:17:40	15:32
16	524	Jennifer Pentrack	61	Weed	CA	1:42:48	20:34

## Female 65-69

Division	Overall	Name	Age	City	State	Time	Pace
1	184	Patty Shackleton	67	Redding	CA	43:50	8:46
2	224	Julie Garcia	65	Palo Cedro	CA	45:12	9:03
3	330	Shelley Cerasaro	65	Redding	CA	51:10	10:14
4	337	Sue MacDonald	67	Redding	CA	51:33	10:19
5	380	Ann Jensen	68	Mount Shasta	CA	55:04	11:01
6	435	TJ Jarding	65	Mount Shasta	CA	59:50	11:58
7	441	Dana Marsh	68	Great Barrier Island	NZ	1:00:32	12:07
8	473	Suzan Towlen	69	Ashland	OR	1:05:45	13:09

## Female 70-74

Division	Overall	Name	Age	City	State	Time	Pace
1	450	Chizuko Cody	72	Weed	CA	1:02:20	12:28
2	457	Leslie Blankenship	70	Montague	CA	1:03:24	12:41
3	463	Suzanne Ducharme	72	Mount Shasta	CA	1:04:32	12:55
4	482	Rebecca Smith	70	Capitola	CA	1:07:38	13:32
5	526	Linda Streunel	72	Mount Shasta	CA	1:42:48	20:34

## Female 75-79

Division	Overall	Name	Age	City	State	Time	Pace
1	221	Joann Hall	77	Redding	CA	45:07	9:02

## Athena Division

Division	Overall	Name	Age	City	State	Time	Pace
1	137	Dana Detwiler	29	Mount Shasta	CA	41:13	8:15
2	187	Paloma Vance	38	Redding	CA	43:55	8:47
3	188	Arwen Flynn	39	Redding	CA	43:57	8:48
4	278	Alex Peruzzi	23	Mount Shasta	CA	48:17	9:40
5	296	Tasha McCall	39	Mount Shasta	CA	49:10	9:50
6	305	Annie Purcell	41	Redding	CA	49:38	9:56
7	312	Paige Hutton	27	Pueblo West	CO	50:19	10:04
8	334	Alexandrea Szymanski	27	Klamath Falls	OR	51:15	10:15
9	350	Joanie Andersen	41	Atascadero	CA	52:57	10:36
10	360	Loraina Hughes	43	Mount Shasta	CA	53:54	10:47
11	371	Cookie Reynolds	42	Weed	CA	54:30	10:54
12	388	Sierra Gonzalez	20	Mount Shasta	CA	55:37	11:08
13	389	Jenny Coyle	60	San Rafael	CA	55:40	11:08
14	392	Angela Ferrari	50	Mount Shasta	CA	55:49	11:10
15	408	Amanda St. Germain	28	Montague	CA	57:01	11:25
16	416	Sara Sturges	22	Redding	CA	57:26	11:30
17	421	Summer Pearson	45	Woodland	CA	58:01	11:37
18	423	Brittney White		Weed	CA	58:09	11:38
19	439	Mary Ocnean	56	Mount Shasta	CA	1:00:24	12:05
20	444	Nichole Noyer	47	Weed	CA	1:00:54	12:11
21	448	Barbara Jones Rodriguez	36	Mount Shasta	CA	1:01:21	12:15
22	466	Melissa Gulden	45	Redding	CA	1:04:46	12:58
23	474	Irma Valencia	56	San Jose	CA	1:05:54	13:11
24	481	Maritza Jackson Sandoval	54	Santa Cruz	CA	1:07:32	13:31
25	494	Sharon Allen	60	Mount Shasta	CA	1:10:05	14:01
26	502	Jaden Cota	15	Montague	CA	1:11:35	14:19
27	509	Shannon Greeno	27	Montague	CA	1:16:55	15:23
28	513	Andrea Taylor	46	San Francisco	CA	1:18:40	15:44
29	516	Jennifer Cota	42	Montague	CA	1:23:01	16:37
30	525	Dona Tegerstrand	63	Redding	CA	1:42:48	20:34
31	527	Karen Dier	74	Greenview	CA	1:46:00	21:12
32	528	Christine Ryan	52	Greenview	CA	1:46:01	21:13