

## Mt. Shasta 4th of July 5-Mile Race Age Group & Course Records

Updated 8/4/23

### Male

12 & Under	Cody Foss	Redding	31:51:00	2001
13-15	Chris Morzenti	Dunsmuir	28:52:00	2013
16-19	John Whelan	Etna	25:45:00	2014
20-24	Chris Morzenti	Dunsmuir	24:59 *	2019
25-29	Ben Keck	Redding	26:02:00	2013
30-34	Ben Keck	Redding	25:39:00	2014
35-39	Gary Towne	Chico	25:57:00	2004
40-44	Leonard Hill	Klamath Falls, OR	25:57:00	1995
45-49	Chuck McDonald	Redding	28:22:00	1995
50-54	Kevin Ostenberg	Newcastle	28:08:00	2012
55-59	Chuck McDonald	Redding	29:52:00	2003
60-64	Chuck McDonald	Redding	30:39:00	2007
65-69	Bill Dodson	Albuquerque, NM	33:54:00	2000
70-74	Bob Malin	Redding	35:32:00	1997
75-79	Joe Coleman	Ojai	42:00:00	2016
80-84	Bob Malin	Redding	47:14:00	2008
85-89	Gene Moyer	Mount Shasta	1:02:03	2014
90 & Over	Dwight Roberts	Yreka	1:28:30	2017

### Female

12 & Under	Delaney Streetman	Highland, UT	41:21:00	2016
13-15	Marissa Bonivert	Mount Shasta	35:06:00	2016
16-19	Allegra Porter	McCloud	30:50:00	2000
20-24	Tatiana Ivanova	Russia	29:40 *	1995
25-29	Elizabeth Tedsen	Mount Shasta	30:44:00	2010
30-34	Delores Bergman	Eureka	30:30:00	2006
35-39	Luanne Park	Redding	30:41:00	1997
40-44	Pamela Hayes	Fairfax	31:46:00	2006
45-49	Sandra Branney	Scotland	30:38:00	2003
50-54	Tami Beall	Arcata	34:29:00	2018
55-59	Carolyn Smith Hanna	Pittsford, NY	36:24:00	2007
60-64	Joan Ottuby	Klamath Falls, OR	37:23:00	2010
65-69	Robin St. Clare	Chico	39:46:00	2015
70-74	Sarah McConnaughay	Mount Shasta	44:04:00	2012
75-79	JoAnn Hall	Redding	45:07:00	2019
80 & Over	JoAnn Hall	Redding	0:49:51	2022

\*Course Record